



SAMPLE Template For Educational Purposes Only

Individualized Healthcare Plan (IHP/504) Development Guide

Student with Diabetes

(Must be individualized for each student)

Student Name:

Date of Birth:

Grade:

School:

Date of Meeting:

- 1) **Describe the nature of the concern:** Diagnosis and what main organ system it affects is placed here.
- 2) **Describe the basis for the determination of disability.** This would be a statement that you have a physician's diagnosis.
- 3) **Describe how the disability affects a major life activity.** Diabetes puts the student at risk for hypo/hyper glycemc episodes that affect their ability to concentrate and possibly take care of themselves.
- 4) **Are accommodations indicated for state or district-wide on-demand testing?** Yes No

This is individualized depending on the age of the child and the high stake testing that would go on in the classroom. Also, think about, would the student need to leave the high stakes test due to high or low blood sugars, and/or possibly need to finish the test in an alternative setting, or at a different time due to the blood sugar? If so then possibly yes accommodations would be needed.

- 5) **Describe the reasonable accommodations that are necessary:**
 - a) **Emergency Action:** If the student had a low or high blood sugar, what would you want the staff to look for and what actions would you want so that the student received emergency treatment right away. How will the regular teacher make sure the substitute teacher knows the plan?
 - b) **Staff Training:** How will staff become trained in the signs and symptoms of hypo- and hyperglycemia? Who will be responsible for the training and when will this occur?
 - c) **Student's level of care:** In this section it is important to know what the child can do for themselves regarding diabetes care and what the nurse or staff will need to do to help them with the care. For example: based on the age and knowledge of the child, will they be able to perform a blood glucose? Do they have a continuous glucose monitor (CGM) and will they know what to do if the CGM alarms? Will they be able to administer their insulin, or will they need assistance with delivery of insulin? Where are the supplies located for monitoring blood sugar, snacks or extra water needs?
 - d) **Classroom Management:** What will be needed and allowed in the classroom for this child to be safe and comfortable based on this diagnosis?
 - e) **Snacks and Meals:** While in school the student will need blood glucose checks at different times throughout the day. These times are usually around food consumption and physical activity.



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Based on the student's classroom schedule, where and when will these checks be done around snacks and meals? Who will be providing the carbohydrate count for the food they will eat? Will they bring food from home or eat from the cafeteria? What will be the treatment be based on the orders?

- f) **Nursing Management:** How will the nurse communicate with the family regarding daily blood sugars and management? Will the nurse assist the student with any tasks around blood glucose monitoring, carbohydrate counting, insulin delivery, management of hypo- and hyperglycemia, and education to reach student learning goal around diabetes?
- g) **Physical Education/Recess:** While in school the student will need blood glucose checks at different times throughout the day. These times are usually around physical activity and food consumption. Based on the student's classroom schedule, where and when will these checks be done around physical activity? Will there need to be any changes if the child is spilling ketones?
- h) **Field Trips:** How will the nurse be notified of field trips for the student with diabetes? How will the student with diabetes receive the needed insulin and treatment for diabetes on the field trip?
- i) **Bus Transportation:** If the student with diabetes rides the bus, who will notify the bus driver? If the student has a low blood sugar on the bus, will they be able to eat a snack? How will the bus driver handle a diabetes emergency?
- j) **Fire/Emergency Drill Procedures:** If there is a fire, gas, or other emergency that the students are evacuated from the school building, how would you manage a student with diabetes? Who would bring the needed supplies out of the school building?
- k) **Student currently participates in the following school sponsored after school activities/programs:** If the student participates in extra after school activities, how will the student be safe if there is no nurse for that activity? Who will the nurse communicate blood glucose at the end of the day prior to going to the after school program? Who will notify the instructor of the diagnosis of diabetes? How will that instructor manage an emergency?

Date of Plan: _____

Signature of Parent/Guardian _____

Signature of Nurse _____