

1) General on the office.

The Massachusetts Department of Public Health, Bureau of Substance Addiction Services has a dedicated office responsible for the oversight of state funded, substance use related services for youth and young adults, ages 12-25. The Office of Youth and Young Adult Services (OYYAS) oversees the implementation, enhancement, and sustainability of developmentally tailored services including: intervention, treatment, and recovery supports.

Developmentally Tailored Treatment Services:

- Outpatient counseling /Adolescent Community Reinforcement Approach (A-CRA); ages 12-24
- Youth Detoxification and Stabilization Programs; ages 13-20
- Youth Residential Treatment Programs; ages 13-17
- Residential Services for Transition Age youth; ages 18-25
- Medication Assisted Treatment; ages 16-25

Recovery Supports Services:

- Recovery High Schools; ages 14-21
- Parent and Family support services

For a complete list of all substance use services available to youth and young adults please visit:

Massachusetts Substance Use Helpline

1-800-327-5050

www.helplinema.org/for-parents/

2) Specific to A-CRA referrals after SBIRT

Schools needing additional support around referrals to treatment after a positive SBIRT screen should consider contacting their community Adolescent Community Reinforcement Approach (A-CRA) provider listed on the Massachusetts Substance Use Helpline <https://helplinema.org/for-parents/> or by calling 800-327-5050.

The Adolescent Community Reinforcement Approach (A-CRA) is a developmentally appropriate treatment for youth and young adults (12-24 years old) with substance misuse or substance use disorders. A-CRA is an evidence based treatment developed by [Chestnut Health Systems](#). The brief treatment model can be delivered in outpatient clinics, community settings, homes, or school based settings and typically involves weekly sessions which can include parent(s) or caregivers. Clinicians are trained and certified to deliver the A-CRA model.

Massachusetts Department of Public Health

Bureau of Substance Addiction Services

Office of Youth & Young Adult Services

250 Washington Street, 3rd Floor

Boston, Massachusetts 02108

617-624-5111

www.mass.gov/orgs/bureau-of-substance-addiction-services

The OYYAS also facilitates a variety of statewide substance use trainings for adults working with youth and young adults. For Training opportunities please visit:

Adcare Educational Institute of Massachusetts

5 Northampton Street

Worcester, Massachusetts 01605

1-800-327-5050

www.adcare-educational.org/

3) Do you already have the clearinghouse information?

For promotional or educational materials: Order or Download free from the Massachusetts Health Promotion Clearing House at <https://massclearinghouse.ehs.state.ma.us/category/BSASYOUTH.html>